

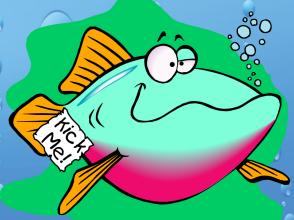
This institution is an equal opportunity provider. Menus are subject to change.







**Byron Bergen Central School District** 



In France, April Fools Vay is called "April Fish Day," and the person you play a prank on is called the "poisson d'Avril" ~ THE APRIL FISH. No, really, the trud



#### Tuesday, April I

#### **Breakfast**

Honey Uncrustable

#### Lunch

Grilled Cheese

Sub Line

**Sweet Potato Fries Tomato Soup** Fruit April Fool's Day

#### Wednesday, April 2

#### **Breakfast**

Homemade Muffins

#### Lunch

Grilled Chicken on Wrap Lettuce, Tomato, Cheese

Pizza Line

**Bacon Potato Soup** Corn Fruit

#### Thursday, April 3

#### **Breakfast**

Breakfast Pizza

#### Lunch

Pork Chop, Roll

Sub Line

Spinach Pepperoni Potatoes Fruit

#### Friday, April 4

#### **Breakfast**

Bagel & Cream Cheese

#### Lunch

Shrimp & Fish Nuggets, Roll

Pizza Line

Green Beans Romaine & Tomato Salad Fruit

#### Monday, April 7

#### **Breakfast**

Cereal & Breakfast Bar

#### Lunch

Pizza Crunchers, Roll Sauce

Pizza Line

Spinach Green Beans Fruit

#### Tuesday, April 8

#### **Breakfast**

Breakfast Burrito

#### Garbage Plate Lunch

Sabrett NYC Hot Dog on Bun Macaroni Salad

Sub Line

**Baked Beans** French Fries/Gravy Fruit

#### Wednesday, April 9

#### **Breakfast**

Breakfast on a Stick

#### Lunch

Turkey & Gravy, Roll

Pizza Line

Mashed Potato Carrots Fruit

#### Thursday, April 10

#### **Breakfast**

**Pancakes** 

#### Lunch

Chicken Ouesadilla, Rice

Sub Line

Romaine & Tomato Salad Corn Fruit

#### Friday, April II

Spring Recess No School

## First things First

# Breakfast is FRIE for all students every day!

Choose at least ONE serving of FRUIT and at least THREE items TOTAL so your meal counts as a Complete Breakfast!

### EREAKFAST@SCHOOL

For first-class learning!



#### Monday, April 21

Spring Recess No School

Get Outside

#### Tuesday, April 22

#### Breakfast

Waffles Earth Day

#### <u>Lunch</u>

Chicken Tenders, Roll

Pizza Line

Salt Potatoes Carrots Fruit

#### Wednesday, April 23

#### **Breakfast**

Breakfast Stacker

#### **Lunch**

Loaded Nachos, Rice

Pizza Line

Refried Beans Corn Fruit

#### Thursday, April 24

#### **Breakfast**

Breakfast Wrap

#### Lunch

Variety Pizza

Sub Line

Roasted Zucchini Green Beans Fruit

#### Friday, April 25

#### **Breakfast**

Bagel & Cream Cheese

#### Lunch

Pasta & Meat Sauce, Garlic Bread Stick

Pizza Line

Romaine Salad Spinach Fruit



HALF FRUITS AND VEGET VOLES

**about your juice!**Juice boxes invaded America around 1980 and have since become required equipment for kids and parents everywhere. Juice is fine for kids, but many of the most popular

juice boxes are mostly sugar, with very little juice. So make sure any juice kids (and adults, for that matter) drink is 100% fruit juice, and limit kids to 6-8 ounces a day. Kids should get most of their orange juice by eating an orange and should mostly drink water or milk.

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay\_healthy/food/pyramid.html

#### Monday, April 28

#### Breakfast

Cereal & Cheese Stick

#### <u>Lunch</u>

Orange Chicken, Roll Rice

Pizza Line

Broccoli Oriental Mixed Vegetables Fruit

#### Tuesday, April 29

#### **Breakfast**

Yogurt Parfait

#### <u>Lunch</u>

Macaroni & Cheese, Roll

Sub Line

Green Beans Romaine Salad Fruit

#### Wednesday, April 30

#### **Breakfast**

Muffins & Cheese Stick

#### Lunch

Breakfast For Lunch Eggs, Sausage, French Toast

Pizza Line

Fruit Juice Hash Browns Fruit

# COUNTD OWN!

DAYS UNTIL THE END OF THE SCHOOL YEAR AS OF MAY 1

# Available Daily

Milk & Fruit Choices at All Meals
Please use Myschoolbucks.com
Please tell us of Allergies you may have.

Get Outside when the weather is Nice Spring Break April 11-April 21 Happy Easter